



# CHEERSPIRE NEWS

♥ OCTOBER EDITION - BACK TO ROUTINE ♥

*by Hannah, Kiera and the Cheerspire Team*

## **A New Way to Stay Connected:**

Welcome to our very first Cheerspire **Members Newsletter!**

We'll be sharing updates each month, a simple round-up of what's happening across our teams, upcoming events, and a few behind-the-scenes moments from our classes.

Our goal is to keep all Cheerspire members in the loop **without crowding your inbox**, just useful updates, highlights and a look at what's ahead.

## **Term off to a Great Start**

We're so excited to be back following the summer break! It's been a really positive start to the season so far, routines and classes are full of energy, our new athletes are settling in brilliantly, and there's already been some great progress across all teams.

We have been working on building our competition routines.

★ **Upcoming payment reminders** ★

**ICC Spectator tickets due**

**Monday 27<sup>th</sup> October.**

**Pay via Cheerspire Shop.**

SHINE  
DREAM  
POWER

PASSION  
FEARLESS

MANIFEST  
FIERCE



BUY NOW



# EVENT & COMPETITION DATES 25/26

**Cheerspire Showcase**  
**January 17th:**  
 ALL TEAMS  
 📍 **Edenbridge Leisure Centre**

**ICC Southern's: Part 1**  
**January 31st:**  
 Shine, Dream, Power, Passion, Fearless  
**February 1st:**  
 Manifest, Fierce  
 📍 **Guildford Spectrum**

**BCA Spring Spirit**  
**February 21st:**  
 Power  
 📍 **K2 Crawley**

**ICE Summer Meltdown**  
**May 16th:**  
 Shine, Dream, Power  
**May 17th:**  
 Passion, Fearless, Manifest, Fierce  
 📍 **EIS Sheffield**

**BCA Summer Showdown**  
**June 6th:** Shine, Dream, Power, Passion, Fearless  
**June 7th:** Manifest, Fierce  
 📍 **K2 Crawley**

**FC Internationals**  
**June 26th:**  
 Power  
 📍 **Bournemouth International Centre**



## SPECTATOR TICKETS:

**CHEERSPIRE SHOWCASE:** ORDER VIA CHEERSPIRE WEBSITE DATE TBC

**ICC SOUTHERNS:** ORDER VIA CHEERSPIRE WEBSITE NOW

**BCA SPRING SPIRIT:** ORDER VIA BCA ON 26<sup>TH</sup> NOVEMBER

**ICE SUMMER MELTDOWN:** ORDER VIA ICE WEBSITE NOW

**BCA SUMMER SHOWDOWN:** ORDER VIA BCA ON 11<sup>TH</sup> MARCH

**FC INTERNATIONALS:** ORDER VIA BOURNEMOUTH INTERNATIONAL CENTRE DATE TBC

**CLICK BELOW TO ORDER YOUR TICKETS NOW** ↓

[CA SHOWCASE & ICC SOUTHERNS](#)

[ICE SUMMER MELTDOWN](#)

[BCA](#)

[FC INTERNATIONALS](#)

# CHEERSPIRE MERCHANDISE



Represent your club with our Cheerspire Allstars merchandise. There's something for everyone!



**TRAINING T-SHIRT  
AND BOWS**



**BAGS AND  
ACCESSORIES**



**CROPPED TOPS AND  
SHORTS**

**SHOP ALL**

Please be aware that competition uniform, bows and bags are still on the way. They will be with you very shortly after they are delivered!

# UPCOMING EVENTS - OCTOBER


## **OCTOBER GYMNASTICS CAMPS!**

Join us this half term for a week full of fun, flips, and festive Halloween spirit! 🎃  
Our Gymspire October Camps are perfect for ages 3–12 and all ability levels. Packed with gymnastics, games, challenges, and spooky surprises!

 **24<sup>th</sup> - Tunbridge Wells**

 **30<sup>th</sup> - Edenbridge**

 8AM–4PM

 Just £40 per day!!

**BOOK NOW**




## **OCTOBER GYMNASTICS CAMPS**




Come along and join us for our October half term camps. Suitable for all ages 3-12 and all skill levels.

Book now to join the fun!

**24<sup>th</sup> & 30<sup>th</sup> OCT**

 Tunbridge Wells

 Edenbridge

 **£40 PER DAY**

**8AM-4PM**



**CHEERSPIRE Allstars**

JOIN US FOR OUR

# OCTOBER CHEERLEADING WORKSHOP

COME AND TRY CHEERLEADING!  
GAMES, STUNTS, TUMBLES, DANCE, JUMPS & HALLOWEEN FUN

**MONDAY 27<sup>TH</sup> OCTOBER**  
**1.15-3.15PM**


**BOOK NOW!**  
limited spaces available


[WWW.CHEERSPIREALLSTARS.COM](http://WWW.CHEERSPIREALLSTARS.COM)

## **OCTOBER CHEERLEADING WORKSHOP**


Join us this half term for our Cheerspire Allstars Halloween Workshop!

Get ready for an afternoon of stunts, tumblers, dance, games, and spooky fun. Perfect for anyone wanting to try cheerleading, make new friends, and boost confidence!

 Monday 27th October

 1.15 – 3.15 pm

 Edenbridge Leisure Centre

 Open to all ages & abilities, no experience needed!

Limited spaces!

**BOOK NOW**



# UPCOMING EVENTS - THEMED TRAINING

## HALLOWEEN DRESS-UP WEEK



It's time to get spooky (or simply have some fun with fancy dress)! From **Monday 27th October to Thursday 30<sup>th</sup>**, cheerleaders are invited to come to class in their favourite costumes 🎃 ✨

Think fun, safe, and cheer-friendly outfits, witches, pumpkins, superheroes, skeletons, or anything in between!

If you don't celebrate Halloween, you're still very welcome to join in the fun by dressing up in any costume you like, it's all about creativity and smiles! ✨

We'd love to have some great team photos in their outfits!

Let's make it a week full of spirit, fun and imagination! 🧛❤️



[Click here to Add to your Calendar](#)

## Remembrance Week at Cheerspire

In the week leading up to **Remembrance Sunday (3rd-6th November)**, we'll be taking a moment at training to remember those who have served. ❤️

To mark the occasion, we're inviting athletes to wear something red to class a ribbon, scrunchie, or T-shirt.

As a simple way to show respect and remembrance.

It's a lovely way for our Cheerspire community to come together, reflect, and show gratitude while keeping the spirit of teamwork and kindness at the heart of what we do. 🌸



[Click here to Add to your Calendar](#)

# UPCOMING EVENTS - DECEMBER

## CHRISTMAS PARTY & AWARDS NIGHT!



**CHRISTMAS PARTY & AWARDS NIGHT**

Hosted by **GYMSPIRE Academy** & **CHEERSPIRE**

**SATURDAY 13<sup>th</sup> DECEMBER**

AT COLTSFORD MILL MILL LANE, OXTED, SURREY, RH8 9DG  
DOORS OPEN AT 04:30PM - 9PM

**TICKETS**  
£20 Adult £10 Child

**The Events**  
AWARDS CEREMONY  
BUFFET FOOD  
DJ & DANCING

Dress Code: Smart Party Wear with a Christmas sparkle ✨

For more information: [www.gymspireacademy.com](http://www.gymspireacademy.com)

We're so excited to announce our first-ever Christmas Party & Awards Night and you're invited to join us for an unforgettable evening celebrating an incredible year at Gymspire & Cheerspire! ✨

**17 Saturday 13th December**

**Doors open at 4:30 PM | Event ends at 9:00 PM**  
**Coltsford Mill, Mill Lane, Oxted, Surrey RH8 9DG**

Enjoy a night full of celebration with our Awards Ceremony, delicious buffet food, and plenty of DJ & dancing to finish the year in true Cheerspire style! 🏆🎵

**Tickets:**  
• £20 Adult  
• £10 Child

**Dress Code:** Smart party wear with a touch of Christmas sparkle ✨

We can't wait to share this special night with our amazing Gymspire and Cheerspire families, it's going to be one to remember! ❤️

**BUY NOW**



## UNITY ALLSTARS EXTRA TRAINING FEARLESS AND FIERCE SUNDAY 4<sup>TH</sup> JANUARY 2026 9-11AM



**David Weir Leisure Centre**  
**Middleton Rd**  
**Carshalton**  
**SM5 1SL**

Athletes from Fearless and Fierce will be training at Unity Allstars to practice their tumblers on sprung floor in preparation for all competitions.

£15 per athlete

All athletes on Fearless and Fierce **MUST** attend

**BOOK NOW**



# PRIVATE LESSONS WITH US

## GYMNASTICS & CHEERLEADING

Looking for a little extra support to help your child build confidence, perfect a skill, or progress faster? Our Private Lessons are the perfect way to focus on individual goals with one of our experienced Gymspire coaches. 💪🌟

Each session is completely tailored to your child's needs, offering personalised feedback, targeted drills, and a supportive environment to help them shine.

**💰 Pricing:**

- £30 for 30 minutes
- £50 for 1 hour

**📅 Booking:**

Simply select your preferred day and time via the link below. If none of the available slots work for you, please reach out, we'll do our best to find a time that fits!

[> BOOK NOW](#)



## 🎀 CHEERSPIRE OPEN GYM – WEDNESDAYS! 🎀

Our Cheerspire Open Gym sessions are the perfect chance for athletes to practise skills, perfect routines, or just have fun with friends in a relaxed, supportive environment! 🌟

📍 **Edenbridge: 4:00 – 5:00 PM**

📍 **Shirley: 6:30 – 7:30 PM**

**PAY AS YOU GO!**

**These sessions are open to everyone** whether you're a Cheerspire athlete, Gymspire member, or completely new and want to give it a try!

Come along to work on your stunts, tumbling, jumps, or dance at your own pace, with coaches on hand to guide and support you. 💪

**Spaces are limited, so make sure to grab your spot early!**

[> BOOK NOW](#)



CHEERSPIRE

Allstars

# SHOUTOUTS

ATHLETE

shoutouts

## ★ Ruby Kay ★

Ruby is new to Power this season after 2 seasons on Dream. She has really come out of her shell with confidence and performing and works incredibly hard. **Well done Ruby!**



## ★ Daisy Sherwin ★

Daisy has joined Fierce this season and has a new position as a flyer. She has taken to the role fantastically and isn't afraid to try new skills. The commitment to her team is wonderful. **Good job Daisy!**



## ★ Arayah Douglas ★

Arayah's growth has been clear to see. Her attitude has improved massively and her skill level, especially in stunting has been fantastic recently. **Keep up the good work Arayah!**



## ★ Loki Nicholson ★

Loki's energy brightens up each training session. He lifts team spirits and helps others in the routine when needed. His facials speak for themselves and he is proving to be an all round great cheerleader. **Well done Loki!**



## TEAM SHOUTOUTS

★ We'd like to shoutout Dream for their hard work so far this season. They come into every training session focused and wanting to learn. They practice their skills whenever they have the chance to and they are remembering their routine really well. Keep up the hard work ✨



Leave us a review!  
& shout out your  
favourite coach!

REVIEW



# THANK YOU

## NEXT RELEASE:

♥ Thanks for reading our newsletter!  
We hope you enjoyed catching up on all  
the latest Cheerspire news, spotlights,  
and events.

Our next issue will be released on or  
around 24th November, keep an eye out,  
you won't want to miss it! 🌟🌟

## DON'T FORGET OUR APP

Download the  
**Gymspire Academy**  
**App...**

just head to the app store on  
iPhone

or Google play store on  
android so that you can  
manage all classes and

**view class dates**

on the go!

Click to download



Click to download



## FOLLOW US / JOIN THE COMMUNITY



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Join our Gymspire &  
Cheerspire Members only  
group on Facebook



## STAY IN TOUCH



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www.cheerspireallstars.com

## MINI CHALLENGE

Each month we'll do a different mini challenge...

### 🌟 Cheer Gratitude Challenge

This one's simple: tell us one thing you love about Cheerspire, your team mates,  
your coach, your favourite skill and we'll share a few in the next issue!

