



INFORMATION PACK
2024-2025

WELCOME!



Welcome to the Cheerspire Allstars family! We are thrilled to kick off an exciting new season filled with cheer, teamwork, and unforgettable experiences. Here's everything you need to know about joining our cheerleading programme:

About Us:

At Cheerspire Allstars, we are dedicated to fostering a supportive and challenging environment where athletes can thrive. Our experienced coaches are committed to helping each cheerleader reach their full potential while emphasising the importance of teamwork, sportsmanship, and personal growth.

Programme Highlights:

- Elite Training: Our program offers training in stunting, tumbling, jumps, and dance.
- Competition Opportunities: Cheerspire Allstars will compete in 3 competitions this season.
- Community: Being part of Cheerspire Allstars means being part of a family. Our athletes build lifelong friendships and support each other both on and off the mat.

Join Us:

We are looking for passionate, dedicated athletes to join our 2024-2025 teams. Whether you're an experienced cheerleader or new to the sport, we have a place for you at Cheerspire Allstars.

Get ready to soar with Cheerspire Allstars! We can't wait to see what this season has in store for our incredible athletes.

@cheerspireallstars

CHEERSPIRE
AllStars

TRYOUTS/EVALUATIONS

LOCATION:

EDENBRIDGE

DATE:

Monday 24th June 2024

TIMES AND AGES:

4pm–5pm: Ages 4–6

5pm–6:30pm: Ages 7–11

6:30pm–8pm: Ages 12–14

8pm–9:30pm: Ages 17+

LOCATION:

SHIRLEY

DATE:

Tuesday 25th June 2024

TIMES AND AGES:

5pm–6:30pm: Ages 5–8

6:30pm–8pm: Ages 9–14

8pm–9:30pm: Ages 15+

£5 per athlete.

Please be aware, athletes may be asked to stay for a later session. Please be flexible for this.

Book your tryout
now by clicking the
button below...

BOOK NOW





YEARLY TIMELINE



JULY 2024

We use July to settle into our new teams! We focus on conditioning and the basics of cheerleading to prepare for the new season.

AUGUST 2024

We will be running cheerleading workshops throughout August to learn new skills.

SEPTEMBER 24 - FEBRUARY 25

We create our competition routine! We learn all choreography ready for our competitions. We will be holding team bonding sessions so our athletes can get to know one another and become more comfortable in their teams!

MARCH 2025

We will be holding our first ever Cheerspire Allstars showcase! This will be an event created for family and friends to come and watch what the cheerleaders have been working on.

APRIL - JUNE 2025

We train as usual but these months are important as we will be competing at 3 competitions!

JUNE 2025

We hold our annual 'tryouts' to place existing and new members on teams for the 2025/2026 season.

TEAM TRAINING DAYS & TIMES

EDENBRIDGE ACADEMY

Edenbridge Leisure Centre, TN8 5LU

Monday's



3:45pm–5pm
Mini Prep 1
Ages 4–6



5pm–6:30pm
Youth Prep 1
Ages 7–11



6:30pm–8pm
Junior Prep 1
Ages 9–14



8pm–9:30pm
Senior Open 2
Ages 17+

SHIRLEY ACADEMY

Orchard Park High School, CR0 7NJ

Tuesday's



5pm–6:30pm
Mini Prep 1
Ages 5–8



6:30pm–8pm
Junior prep 1
Ages 9–14



8pm–9:30pm
Senior Prep 1
Ages 12–22

Please note, team level/divisions and timings are provisional and may change based on the athletes we see at tryouts.

DATES FOR YOUR DIARY

CHOREOGRAPHY DATES:



EDENBRIDGE:

Fearless:

Thursday 26th September 2024 5:15–8:15pm

Dream:

Saturday 28th September 1:30–4:30pm

SHIRLEY

Shine:

Sunday 29th September 9–11:30am

Passion:

Sunday 29th September 11:30–2:30pm

Manifest:

Sunday 29th September 2:30–5:30pm

Sparkle & Reign
no choreography
date required.



SHOWCASE:

ALL TEAMS

Sunday 16th March

(date TBC)

12–1:30pm

@ Orchard Park High
School, Shirley,
Croydon CR0 7NJ



COMPETITIONS:

BCA SPRING SPIRIT:

ALL TEAMS

Saturday 5th and
Sunday 6th April 2025

@ K2 Crawley

CHEER CITY SUMMER GAMES:

ALL TEAMS

Saturday 17th and
Sunday 18th May 2025

@ Hertfordshire
University

ICE BIG CHILL:

ALL TEAMS

Saturday 7th and
Sunday 8th June 2025

@ Bushfield Leisure
Centre Peterborough

Please note, these dates will be confirmed by 1st September
however we do plan for them to stay the same.



ATHLETE TRAINING ZONES

We are introducing a new system to manage attendance more effectively and ensure our teams perform at their best. Starting from the new season, we will be implementing Green, Amber, and Red Zones to categorise different periods throughout the year.

Here's a breakdown of each zone:

Green Zones: Green Zones are designated as acceptable times for holiday periods. During these times, you are welcome to take breaks as needed without affecting your place on the team.

Amber Zones: During Amber Zones, athletes are allowed to miss ONE session throughout the year. However, this must be either pre-booked or due to unavoidable sickness. This will help us maintain a steady training rhythm while accommodating necessary absences.

Red Zones: The 'Red Zone' refers to the three weeks leading up to competitions. If your child misses training during this period, they risk losing their spot on their team. This system, commonly used in other cheerleading programs, ensures we present our best at competitions. The absence of one athlete affects the entire stunt group and team, we therefore cannot allow this to happen next season.

Please note: Athletes who are unwell or injured may still be required to attend training sessions to observe and support their teammates. This practice allows them to remain engaged with the team's strategies and dynamics, ensuring they stay mentally prepared and up-to-date with any changes or new techniques being implemented.

As a parent, you will be required to sign a commitment letter confirming your dedication to your child's team. Commitment in a team sport is crucial, as it ensures consistency, fosters teamwork, and helps your child and their teammates achieve their full potential.



Training zone dates will be confirmed in your welcome pack upon joining a team.



TRAINING COSTS

Payments are debited on the 1st of each month; this is all done via our online system to provide small, effortless payments throughout the year. The annual cost for your classes is split evenly over 12 months.

PAYMENTS PER MONTH

Dream	£46
Shine	£50
Power	£50
Fearless	£50
Passion	£50
Manifest	£50
Reign	£50

If your child wishes to participate in two teams (crossover), we offer a 50% discount per month on the less expensive team.

Please note: only 1 cheer discount to be used per subscription where applicable.
Please note: only 1 gymnastics discount to be used per subscription where applicable.

£ PAYMENTS £

COMPETITION UNIFORM - NEW ATHLETES

New Cheerspire Allstars athletes must purchase a competition uniform. The uniform is a total of £145. This includes a top, skirt, mesh bodysuit, socks and a competition bow. You will also need to purchase a Cheerspire training t-shirt (£16) and training bow (£8) which are available to buy on our website. Plain black shorts/leggings/joggers are required. Cheerleading shoes are preferred but you can purchase plain black trainers to save on costs.

COMPETITION UNIFORM

RETURNING ATHLETES

The only additional uniform this season will be a fee of £22 for the NEW uniform socks.

CHANGING ATHLETES

If you are an athlete changing teams there will be a cost for a training bow (£8), comp bow (£15) and team name strip (price tbc).

CROSSOVER ATHLETES

If you are an athlete adding an additional team, there will be a cost for a training bow (£8), comp bow (£15) and team name strip (price tbc).

MUSIC AND CHOREOGRAPHY FEES DUE: MONDAY 29TH JULY 2024

A fee to cover our personalised cheer music and choreography will be £50 per athlete.

COMPETITION FEES DUE: MONDAY 28TH OCTOBER 2024

Sparkle: £46

Dream/Shine/Fearless/Passion/Manifest/Reign: £81

Prices are based on last year's costs and may vary depending on the decisions of the competition organisers

COMP UNIFORM FEES DUE: MONDAY 25TH NOVEMBER 2024

Cost varies per athlete.

TOTALS	
NEW ATHLETES (SPARKLE)	£265
NEW ATHLETES (OTHER TEAMS)	£300
RETURNING ATHLETES (SPARKLE)	£118
RETURNING ATHLETES (OTHER TEAMS)	£153
CHANGING ATHLETES (SPARKLE)	£141
CHANGING ATHLETES (OTHER TEAMS)	£176
ADDITIONAL CROSSOVER ATHLETES (SPARKLE)	£119
ADDITIONAL CROSSOVER ATHLETES (OTHER TEAMS)	£154

TERM DATES & RESOURCES

TERM DATES

Our classes close for a period over August, and Christmas. This allows time for our members to go on holiday. However, all members are still charged during these times as the fees are pro-rated.







You will only pay for the sessions that we provide.

Up-to-date term dates can be found on your account booking page once you have signed up to a team following tryouts.

SOCIAL MEDIA

Please follow us on Instagram, TikTok and Facebook. We regularly post about upcoming events, updates, and notices that you could be interested in.


You can also write us a review on our Facebook page, we would love to share your support.


 [@cheerspireallstars](https://www.facebook.com/cheerspireallstars)  [@cheerspireallstars](https://www.instagram.com/cheerspireallstars)  [@cheerspireallstars](https://www.tiktok.com/@cheerspireallstars)
 [@gymspireacademy](https://www.facebook.com/gymspireacademy)  [@gymspireacademy](https://www.instagram.com/gymspireacademy)  [@gymspireacademy](https://www.tiktok.com/@gymspireacademy)


Members only facebook group click here >>> 

COMMUNICATION


CONTACT DETAILS

 info@cheerspireallstars.com

 01843 482219

 www.cheerspireallstars.com

OFFICE HOURS

 Mon – Fri 9:00am – 3:00pm

RESPONSE TIME

 24 – 48 hours except weekends

CHEERSPIRE

Allstars

CHEER MERCH

Bows, jackets, bags, cropped
tops, shorts, t-shirts and more!



Merchandise will be available to purchase online
via our website www.cheerspireallstars.com.

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EXTRA CLASSES

EDENBRIDGE:

TUMBLING CLASS

Tuesday's 7-8pm

FLIGHT SCHOOL

Saturday's 12-12.45pm

SHIRLEY:

TUMBLING CLASS

Friday's 7-8.30pm

FLIGHT SCHOOL

Saturday's 11.30-12.15pm

DISCOUNTS:

£7.50 discount
for 2 children
doing 2 classes
per week.

£8.50 discount
for 1 child
doing 2 classes
per week.

£12.50 discount
for an athlete
doing 3 classes
per week.



TUMBLING CLASSES

Our tumbling classes focus on developing acrobatic skills such as rolls, flips, handstands, and handsprings. It emphasises strength, flexibility, and coordination, providing a fun and dynamic environment for children to improve their gymnastics and cheerleading abilities and build confidence in their movements.

FLIGHT SCHOOL (INVITE ONLY)

Flight school is a class for flyers. We focus on technique and skills required for flying, including body control, balance, flexibility, and safe dismounts. The class provides specialised training to help flyers develop the confidence and precision needed to perform their roles effectively in cheerleading routines.



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Allstars

THATS ALMOST EVERYTHING!

Any further information will be detailed in our welcome pack sent to you upon joining a team.

TERMS & CONDITIONS

It is important that you read our terms & conditions and participant & parent code of conduct prior to your child's class.

You can find our terms & conditions online...

CLICK HERE



THANK YOU!

Thank you for taking the time to read our information pack. We hope you or your child can make it to try-out for one of our competitive cheerleading teams. We would love to have them compete with us in our new exciting season

Cheerspire Allstars

